**Wavepower Information and emergency contact details**

**Club Welfare Officers**

Colin Winslade

Tel. 07733 242675

Helena Spurrell

Tel. 07795 488638

**Norfolk Welfare Officer**

Shane Fasey

email: [smfasey@btinternet.com](mailto:smfasey@btinternet.com)

**East Region Welfare Officer**

Joanne Stalley

Tel.07483 448052

email: [welfare@eastswimming.org](mailto:welfare@eastswimming.org)

**Children’s Social Care / Multi Agency Safeguarding Hub (MASH)**

Tel. 0344 800 8020

Out of hours/emergency duty team

Tel.999

**Local Authority Designated Officer (LADO)**

Tel.01603 223473